

Masala Dosa

Your interactive ingredient checklist — ready to print or take shopping.

SELECTED RECIPE

Masala Dosa

TOTAL ITEMS TO BUY/PREP

20 Ingredients

SHOPPING LIST

Check off each item using the boxes below as you prepare or purchase it.

#	CHECK	INGREDIENT NAME	REQUIRED NOTES / QUANTITY
1	☐	Parboiled Rice	2 cups parboiled rice
2	☐	Urad Dal	½ cup urad dal (split black gram)
3	☐	Chana Dal	2 tbsp chana dal
4	☐	Fenugreek Seeds	½ tsp fenugreek seeds
5	☐	Salt	Salt to taste
6	☐	Water	Water as required
7	☐	Mustard Oil	Oil or ghee for cooking
8	☐	Potato	4 medium potatoes, boiled and mashed
9	☐	Vegetable Oil	2 tbsp oil
10	☐	Mustard Seeds	1 tsp mustard seeds
11	☐	Cumin Seeds	1 tsp cumin seeds
12	☐	Chana Dal	1 tsp chana dal
13	☐	Curry Leaves	8–10 curry leaves
14	☐	Green Chili	2 green chilies, finely chopped
15	☐	Ginger	1 tsp grated ginger

#	CHECK	INGREDIENT NAME	REQUIRED NOTES / QUANTITY
16	☐	Onion	2 medium onions, thinly sliced
17	☐	Turmeric	¼ tsp turmeric powder
18	☐	Salt	Salt to taste
19	☐	Coriander Leaves	2 tbsp chopped coriander leaves
20	☐	Lemon Juice	Juice of ½ lemon

CHEF'S TIP

Check that you have all the ingredients prepped on your counter before you start cooking (this is called mise en place). Quantities are shown only when provided in the recipe data.