

Chicken Seekh Kabab

Your interactive ingredient checklist — ready to print or take shopping.

SELECTED RECIPE

Chicken Seekh Kabab

TOTAL ITEMS TO BUY/PREP

16 Ingredients

SHOPPING LIST

Check off each item using the boxes below as you prepare or purchase it.

#	CHECK	INGREDIENT NAME	REQUIRED NOTES / QUANTITY
1	☐	Chicken	500g minced chicken
2	☐	Ginger Garlic Paste	1 tbsp ginger-garlic paste
3	☐	Lemon Juice	1½ tbsp lemon juice
4	☐	Kashmiri Red Chili	1½ tsp Kashmiri red chilli powder
5	☐	Red Chilli Powder	½ tsp red chilli powder
6	☐	Garam Masala	1 tsp garam masala
7	☐	Cumin Powder	½ tsp roasted cumin powder
8	☐	Chaat Masala	½ tsp chaat masala
9	☐	Black Pepper	½ tsp black pepper powder
10	☐	Coriander Leaves	2 tbsp fresh coriander leaves, finely chopped
11	☐	Green Chili	1-2 green chillies, finely chopped
12	☐	Mustard Oil	2 tbsp cooking oil
13	☐	Salt	Salt as required
14	☐	Onion	1 medium onion, sliced into rings
15	☐	Lemon	1 lemon, cut into wedges

#	CHECK	INGREDIENT NAME	REQUIRED NOTES / QUANTITY
16	☐	Mint Leaves	Mint chutney for serving

CHEF'S TIP

Check that you have all the ingredients prepped on your counter before you start cooking (this is called mise en place). Quantities are shown only when provided in the recipe data.